





# IO1 C-STEP 1 'Counselling migrants and refugees' Fact sheet for participants: Unit 3 "Analysis of client potential and empowerment"

#### **Objectives and learning contents**

The third online training from the C-STEP 1 concerns to the "Analysis of client potential and empowerment". The assessment of clients' potential to enter the labour market successfully is a main task of career guidance and counselling in general. The recognition of formal qualifications and competencies, the detection of hidden informal skills and the creative connections to the demands of the labour market is a daily task.

The well-established deficit-oriented perspective must be replaced by a resource-oriented approach, which also integrates cultural specifics and the aspect of the native language as the efforts, which are needed by the migrant client to learn the (perhaps) new language of the receptive country. Narrative methods of counselling and language methods of self-reflection should focus' both the individual as broader aspects of the life of the refugee/migrant. Especially biographical approaches combined with group-oriented methods of counselling (to integrate the social background of the client) can be part of the lesson and reflected towards the own situation of each participant of the unit.

The empowerment-oriented approach also incorporates a broader understanding of the clients' situation and the networks offered and supported. Encouraging and empowering the client in a professional way is also connected to transferring the client to a psychologist (or working hand in hand) if therapy is needed due to traumatic experiences encountered on the way to the new country or because of war/other traumatic experiences.

Therefore the third learning unit should cover the contents methods of testing/assessment of competencies (culturally and language neutral) and methods of empowering refugees and migrants. Furthermore, the unit should focuses on the benefits of using methods and tools that support clients learning and understanding of career issues. This will be the basis for the analysis of client potential and empowerment.

The complete unit will always combine determination of participants' experience in conducting, sitting on or just hearing or reading about career guidance and counselling sessions with refugees and migrants with evidence on specific challenges and demands in such settings on the hand side and deliver basic knowledge on the other hand side.

Overview of the learning contents in Unit 3:

- 1. Refugees and migrants in Luxembourg I: Counselling
- 2. Refugees and migrants in Luxembourg II- Personal thoughts and recommendation
- 3. Skill analysis: Recognition procedure if documentation is missing or incomplete
- 4. Application and recruitment processes/ skills empowerment
- 5. Exploring Empowerment
- 6. Wrap up and questions by the lecturer

By focusing on the above-mentioned contents Unit 3 aims to meet the following learning outcomes:

- Get to know several methods of assessing clients' potential and empowerment
- Analyse challenges arising in the framework of assessing clients` potential and in empowerment (being driven by all challenges named before).
- Find out about methods of testing / assessment of competences (culturally and language neutral).
- Discuss several methods of empowerment of refugees and migrants.

#### Material for use

List of learning material and resources (all materials can be found on Academia+ Moodle platform)









AGENDA 4th June, 2020

### Speaker 1

- <u>1a refugees and migrants in Luxembourg I: Counselling</u>
- 1b presentation refugees and migrants in Luxembourg I: Counselling
- 2a refugees and migrants in Luxembourg II: personal thoughts and recommendation
- <u>2b presentation refugees and migrants in Luxembourg II- personal thoughts and recommendation</u>

#### Speaker 2

- 1a skill analysis and competences assessment of people with missing papers
- 1b presentation skill analysis and competences assessment of people with missing papers
- 2 exercise country specific measures of competence assessment
- <u>3a sample solution country specific measures of competence assessment</u>
- <u>3 sample solution country specific measures competence assessment</u>
- 4 additional: European Qualifications Passport for Refugees

#### Speaker 3

- <u>1a application and recruitment processes/ skills empowerment</u>
- 1b presentation application and recruitment processes/ skills empowerment

## Speaker 4

- 1a exploring empowerment
- 1b presentation exploring empowerment









